



## Coach Assessment

### Association Administrator/Proprietor

Who is completing this form:

Administrator

Proprietor

Please check the appropriate box for the person submitting this assessment using the rating scale below.

SD – Strongly Disagree

D – Disagree

A – Agree

SA – Strongly Agree

NA – Not applicable – cannot observe

| <i>Rate each statement below by placing an X in the appropriate box to the right</i> |  | SD | D | A | SA | NA |
|--|--|----|---|---|----|----|
| 1  | Coach ensures that the practice environment has minimal safety risks.  |    |   |   |    |    |
| 2  | Coach teaches and reinforces safety throughout the practice.   |    |   |   |    |    |
| 3  | Coach has asked athletes for information related to safety such as: telephone number in case of emergency, allergies, medication I take, or any special health problem I may have. |    |   |   |    |    |
| 4  | Practices start on time and stay to expected timelines.  |    |   |   |    |    |
| 5  | Coach has planned for the practice and is always well prepared.  |    |   |   |    |    |
| 6  | The athletes are active for most of the time during the practice.  |    |   |   |    |    |
| 7  | Coach ensures that all equipment is available and ready to use.  |    |   |   |    |    |
| 8  | Coach provides specific goals for the athletes to achieve during the practice.   |    |   |   |    |    |
| 9  | Coach provides enough time for the athlete to practice and make corrections when necessary.  |    |   |   |    |    |
| 10   | Coach explanations or instructions are clear and athletes understand.  |    |   |   |    |    |
| 11   | Coach provides positive feedback when athletes are not performing to expectation.  |    |   |   |    |    |
| 12   | Athlete has made improvements because of the instruction they have received.   |    |   |   |    |    |
| 13   | Coach uses demonstrations to assist in teaching a skill.   |    |   |   |    |    |
| 14   | Coach uses respectful language when talking to athletes.   |    |   |   |    |    |
| 15   | Coach gives athletes an opportunity to respond to questions and reflect on their performance.  |    |   |   |    |    |