



**Canadian 5 Pin Bowlers' Association  
Evaluation Form**



National  
Coaching  
Certification  
Program

Programme  
national de  
certification des  
entraîneurs

<b>Coach Info</b>	Surname:	First Name:	CC #:	CC
<b>Evaluation Info</b>	Evaluation Location:		Evaluation date: (dd/mm/yy)	

<i>Mark</i>	<i>Evidence of Achievement</i>	<i>Comments</i>
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0 = Incomplete or below Achievement      1 = Complete or Meets Standards      2 = Exceeds Standards

<b>Professionalism</b>		<ul style="list-style-type: none"> <li>Coach is dressed in a manner appropriate for the practice</li> </ul>	
		<ul style="list-style-type: none"> <li>Coach maintains a positive outlook</li> </ul>	
		<ul style="list-style-type: none"> <li>Physical contact with the bowler is for instructional purposes only and with the consent of the athlete.</li> </ul>	
		<ul style="list-style-type: none"> <li>Coach uses respectful language when providing verbal feedback</li> </ul>	
		<ul style="list-style-type: none"> <li>Coach provides a positive image</li> </ul>	
		<ul style="list-style-type: none"> <li>Coach identifies appropriate expectations for participant behaviour</li> </ul>	
<b>Provides Support to Athletes in Training</b>	<b>Safety</b>	<ul style="list-style-type: none"> <li>Coach inspects equipment and facilities to ensure that there are no safety risks</li> </ul>	
		<ul style="list-style-type: none"> <li>Coach takes steps to minimize risk to bowlers before and during practice</li> </ul>	
		<ul style="list-style-type: none"> <li>Locations of telephones are identified (cell or land lines).</li> </ul>	
	<b>Structure and Organization</b>	<ul style="list-style-type: none"> <li><b>Coach uses drills and activities that contribute to the skill development of the bowler and are consistent with LTAD guidelines</b></li> </ul>	
		<ul style="list-style-type: none"> <li>Coach is efficient in getting bowlers organized and participating in practice</li> </ul>	
		<ul style="list-style-type: none"> <li>Coach ensures that bowlers are engaged in activities at least 50% of time</li> </ul>	
	<b>Teaching Methods</b>	<ul style="list-style-type: none"> <li><b>Modifications are made for bowlers based on progress/learning of bowling skills</b></li> </ul>	
		<ul style="list-style-type: none"> <li>Coach is positioned to ensure that all bowlers can hear instructions</li> </ul>	
		<ul style="list-style-type: none"> <li>Coach is positioned to ensure all bowlers can see demonstrations</li> </ul>	
<b>Plan a Practice</b>	<ul style="list-style-type: none"> <li><b>Coach communicates key learning objectives before starting activities</b></li> </ul>		
	<ul style="list-style-type: none"> <li><b>Feedback is positive, specific and is properly communicated</b></li> </ul>		
	<ul style="list-style-type: none"> <li>Practice has structure including goals and time segments</li> </ul>		
	<ul style="list-style-type: none"> <li>Practice has warm up, main part and conclusion</li> </ul>		
	<ul style="list-style-type: none"> <li>A timeline for the activities is provided</li> </ul>		
	<ul style="list-style-type: none"> <li>Planned activities are described through illustration, diagram, explanation and demonstration</li> </ul>		
	<ul style="list-style-type: none"> <li>The practice has a clearly identified goal and is consistent with bowling and LTAD</li> </ul>		
<b>Analyze Performance</b>	<b>Detect Errors</b>	<ul style="list-style-type: none"> <li>Planned activities contribute to the development of the bowling skills for that stage of development</li> </ul>	
		<ul style="list-style-type: none"> <li>Coach provides feedback and instruction that identifies what and how to improve</li> </ul>	
		<ul style="list-style-type: none"> <li>Coach explains how and why an error relates to overall performance</li> </ul>	
		<ul style="list-style-type: none"> <li>Any error identified for correction is consistent with approved skill development</li> </ul>	
	<b>Correct Errors</b>	<ul style="list-style-type: none"> <li><b>Coach identifies potential causes of skill error (cognitive, affective, motor)</b></li> </ul>	
		<ul style="list-style-type: none"> <li><b>Coach uses different vantage points to observe and detect errors</b></li> </ul>	
		<ul style="list-style-type: none"> <li>Coach reinforces rules that relate to skill execution when appropriate</li> </ul>	
		<ul style="list-style-type: none"> <li><b>Skill or performance corrections are prescriptive</b></li> </ul>	
	<ul style="list-style-type: none"> <li>Coach explains how the correction relates and contributes to improved performance</li> </ul>		
	<ul style="list-style-type: none"> <li><b>Coach prescribes an appropriate activity or drill to improve performance</b></li> </ul>		

A "0" in any critical evidence (highlighted in black) will result in a final grade of "Trained". Complete ratings of "2" in all evidences are required in ¾ of outcomes, including professionalism to achieve an overall rating of excellence.

0 – 25 Trained	26 – 47 Certified	48 – 64 Excellence	Professionalism	Support Athletes in Training	Plan a Practice	Analyze Performance
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<b>Recommendation:</b>	<b>Evaluator Name:</b>	<b>CC#:</b>
	<b>Evaluator Signature:</b>	<b>Date:</b>